

Activities of Daily Living

Continuing Education

Name

First Name

Last Name

Why should a home health aide soak a client's hands in warm water when caring for a client's nails?

- To help the client feel more comfortable
- To avoid trimming the nails too much
- To help improve the self-image of the client
- To help loosen debris and ease nail trimming and cuticle care

Which of the following will affect a client's nutrition?

- Osteoporosis
- Ability to chew properly
- Position in bed
- Thin blood

Why should a home health aide avoid using products like talcs and powders on a client?

- They may cause cancer
- They don't help a client's skin
- They can cake within skin folds
- They make a mess

Which of the following guidelines is not true regarding to a client's meal?

- Present food as attractively as possible
- Only offer fluids at the beginning and end of the meal
- Keep hot foods hot and cold foods cold
- Assist with feeding as needed

What is the score to indicate that a client is feeling no pain?

- 100
- 5
- 10
- 0

What is the general goal for skin care when bathing a client?

- Remove any sort of odors

- Remove pathogens
- Promote comfort
- Remove pathogens and promote comfort

A home health aide is expected to find a pressure in all of the following places except:

- Elbow
- Hip
- Stomach
- Tailbone

Which of the following is not an activity of daily living?

- Ambulating
- Hydrating
- Grooming
- Education

A home health aide cleanses a client's genitals and anus. What type of care is he or she performing?

- P.M. Care
- H.S. Care
- Perineal Care
- A.M. Care

Which of the following does not represent a reason to prevent accidental loss of clients' dentures?

- Disposes the client to nutritional problems
- Someone might find and bully the patient
- Emotional distress
- Financial burden